

rare relationships



Endure Hardship Well

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Key Thought: RARE relationships learn how to develop a capacity to handle difficulties in a way that strengthens mutual joy.

“Part of greatness is _____ tolerance.” (Romans 5:3-5)

Emotional Capacity (1 Corinthians 3:1-3, 4:15)

Emotional capacity is your ability to respond _____ to difficult and complex situations.

Five stages of emotional maturity

_____ Maturity – You must take _____ of them.

_____ Maturity – They take care of _____, but not you.

_____ Maturity – A mutually _____ relationship.

_____ Maturity – _____ relationships for others.

_____ Maturity – Models relationships and gives _____ to reality.

In most relationship circumstances... what are you? _____

Building Your Endurance

Practice _____ Daily (Philippians 4:4)

Get Your _____ Aligned with God's (Philippians 2:5, 4:8)

Recognize what _____ Your Joy

Recognize what _____ Your Joy

Build Joyful Relational _____

Avoid Joy _____

Jesus, Joy & You (Hebrews 12:1-2)